



# St Angela's Primary School

Castle Hill

# SHINE

Newsletter  
Vol.6 No. 26

Sending Home Information and News about Education  
Ministry of Our Lady of the Rosary Parish, Kellyville

20th August 2015  
Term 3, Week 6

Dear Parents,

Next week is National Literacy & Numeracy week. Around the country we are all encouraged, that is both at home and at school, to reflect upon how we develop the important skills of literacy & numeracy. Strong literacy and numeracy skills are fundamental skills that are critically important to all Australians and are essential tools for success at school, in further education and at work. St Angela's enjoys a strong reputation for excellence and high performance in literacy and numeracy which is evident in its outstanding Naplan results and other assessments. As the primary educators of your children your role is critical.

#### How can you help your child with Mathematics?

- ◆ Be positive about your own Mathematics ability.
- ◆ Point out the many ways Mathematics is used in everyday activities
- ◆ Encourage your child to be persistent if a problem seems difficult
- ◆ Include your child in various activities that involve Mathematics, such as making purchases, measuring ingredients, using timetables etc.
- ◆ Play games and do puzzles that involve Mathematics eg. "I Spy" looking for different shapes or hide a toy and give clues using positional words
- ◆ Estimate everything - estimate a collection or how many steps it is to the back fence or if a trip is going to take a certain time approximately at what time will you need to leave?

How can you foster a literacy-rich home? Parents can do lots of things at home to encourage children to become lifelong readers. Children often enjoy reading more if it is shared. Make time away from television and interruptions to read aloud with your child, even just 10 to 15 minutes a day.

Time spent with your child in relation to developing literacy and numeracy skills is an investment in your child's life long learning, success and future.

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Today the children participated in our annual St Angela's Writing Festival. Take a moment to talk to the children about what they wrote about today and, particularly, why and what was on the oval waiting for them this morning. Keep an eye on next week's Shine for more!

*Thank you for your continued support. It is in partnership that we can achieve great things for our children.*

Tony Calabria  
Principal



## Years 3 and 5

**- Naplan results coming home tomorrow**

**Sent home in the last week:**

Emailed: Year 6 Yearbook Request for Photos, Year 2 Excursion

## Theme for the week:

### "Honesty and Trustworthiness"

*Our theme this week encourages us to be honest and trustworthy at all times. To be honest with each other means expressing our feelings, respecting others and accepting responsibility for our actions. Being honest, sincere and seeking the truth are essential characteristics for being in harmony with ourselves and those with whom we interact.*

### 'DROP EVERYTHING AND READ'

#### AFTERNOON

THIS TUESDAY 25TH AUGUST AT  
2.00PM - ALL PARENTS WELCOME

To celebrate Book Week, we would like to invite you, parents, grandparents etc. to St Angela's on Tuesday 25th August, to read to or with your child/children and their friends, anytime after 2.00pm. The whole school will be reading in different areas of the playground. Please meet at your child's class or find them on the playground, to enjoy the wonder of reading. Please bring along your favourite book to model reading or read to the children - maybe an 'oldie but a goodie' from when you were a child!

## FATHER'S DAY CELEBRATIONS

### FRIDAY 4th SEPTEMBER

We invite all Dads to come to a special DAD morning assembly in their honour starting at 8:45am on

Friday, 4th September which will be followed by a light breakfast and then a visit to the classrooms.

We hope all dads (or significant males) are able to join us.  
All are most welcome.

**A reminder that the Year 5 Personal Development night for parents only is on this Wednesday 26th August at 7.00pm.**

## Term Dates for 2015

Term 3	13th July to 17th September (18th September is a Staff Development/Pupil Free Day)
Term 4	6th October to 16th December



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# Religious Education



Sunday, 16th August 2015

23rd Sunday in Ordinary Time Year B

John 6:60-69

## Fastening eyes on Jesus helps sustain faith

Where do Peter and the other disciples get their faith? What makes them different from all those who gave up on Jesus and went away? Now in asking this questions we must, again, be careful. For as easy as it is to write off those other disciples as stupid or blind unbelievers, 'we should not pretend to imagine Peter and the rest as flawless Faith Giants. These disciples were also plagued by doubt and fear. They suffered at times from an over abundance of pride or a lack of courage, and they, too, eventually deserted Jesus — and at the very time he needed them the most. So if they aren't smarter or more faithful or more courageous or, in short, any better than the rest of Jesus' disciples—then or now—then what it is that sets them apart? One thing. Listen, again, to Peter: "Lord," he replies to Jesus' question, "to whom shall we go? You have the words of eternal life." Peter, you see, knew where to look. That's it; that's what makes him and the other 11 different—it's not their brains or their ability or their status or even their faith: they simply know where to look. To Jesus; and they keep their eyes fastened on him.

From a homily on the Gospel by Fr David Lose, from the website of the St James Catholic Church in Pennsylvania.

## Year 2 Forgiveness Liturgy Tuesday 18<sup>th</sup> August

Year 2 used the Gospel story of Zacchaeus to reflect on their lives and to ask God's guidance to help them to love and forgive each other.

Some reflection questions were:

Do I think about God and thank him everyday for his many gifts to me?

Am I kind to the children at school and in my neighbourhood? Do I treat them all fairly?

Do I speak about God with respect? Do I show respect for my parents and try to help them?

Do I respect what belongs to other people?

Am I careful not to hurt other people with angry words or actions?

Do I always tell the truth?



Mrs Marilyn Turner

Religious Education Co-ordinator

**Welcome to the Hills Hawkesbury Network**  
**Principals who will be meeting here at**  
**St Angela's next week.**

**We look forward to hosting this gathering**  
**and proudly showcasing our beautiful school.**

## Thank you .....

A huge thank you to all who attended our Father's Day wrapping session last night in the library. It was great to see so many mums enjoying each other's company whilst expertly wrapping that special gift for the dads in our community. (Keep an eye on future Shine's for a full list of thank you acknowledgements after our Father's Day celebrations).

## Congratulations

Our sincere thanks and appreciation for the wonderful work undertaken by Mrs Burke in the office in the areas of finance, fees, payments etc. Our annual audit undertaken by the CEO this week highlighted her extreme efficiency, detailed account keeping and accuracy in all financial matters. Well done indeed!



## Week 6

Fri 21st Aug

## Upcoming Dates

Year 2 Excursion to Brewongle

9.45am Debating St Angela's vs St Michael's - Parents welcome

Diocesan Athletics Carnival at Blacktown - Best wishes to our 23 competitors representing St Angela's and the zone.

## Week 7

Tues 25th Aug

2.00pm 'Drop Everything and Read' Afternoon - All parents welcome

Wed 26th Aug

9.30am Voice of Youth Cluster Final at St Angela's - All welcome

Welcome Hills Hawkesbury Network Principals

7.00pm Year 5 Personal Development Night for parents in the library

Thurs 27th Aug

11.00am Year 6 Mass in St Angela's St Maximilian Kolbe Hall - Parents welcome

Fri 28th Aug

Year 3 Excursion to Featherdale Wildlife Park  
2.10pm Year 1 Assembly in St Angela's St Maximilian Kolbe Hall - Parents welcome

## Week 8

Tues 1st Sept

**2.30pm Kindergarten Liturgy in St Angela's St Maximilian Kolbe Hall - Parents welcome**

Wed 2nd Sept

Fathers' Day Stall - \$5 per gift to be brought in on the day

Fri 4th Sept

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**8.45am Fathers' Day Assembly Prayer, Morning Tea and Classroom Visits - All welcome**

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Stage 2 Touch Football Gala Day at St Mary's

1.15-2.45pm Second Hand Uniform Sale outside the canteen

## Quote of the Week

"Having a vision for your life allows you to live out of hope, rather than out of your fears."

## 15 Year Anniversary Gala Dinner Friday 11th September "A Touch of Sparkle"

What an overwhelming response to our 15 Year Gala Dinner. Only a few spots remain on some tables (first in best dressed). If you wish to attend this fun evening, we will place you with wonderful company. Please contact Laura Hall on 0404 076 631 or Antonella Tesoriero on 0419 997 990 if you wish to attend.

## 15 Year Anniversary Raffle Tickets Coming Home Soon

A book of 10 raffle tickets will soon be sent home to each family. The purchase of these tickets is purely optional. All proceeds will go towards updating children's learning resources.

**Our 15 Year raffle will be our only major fundraising event for 2015. There will be no 'a-thon' which usually takes place in Term 3.**

Thank you on behalf of the children of St Angela's who directly benefit from your generosity.

## Celebrating our Gifts

### Academic Excellence

Aidan Siney KB  
Elishia Singh KG  
Luciana Castillo KY  
Olivia Ochudzawa 1B  
Liam Norris 1G  
Troy Austen 1Y  
Arielle Henwood 2B  
James Watson 2G  
Adam Mendoza 2Y  
Will Johnston 3B  
Rylee Callaghan 3G  
Tyler Olan 3Y  
Bryce Lenferna 4B  
Jayden Carr 4G  
Julian Basso 4Y  
Emily Chiew 5B  
Zachary Hefron 5G  
Michael Taouk 5Y  
James Papadimitos 6B  
Ethan Hanna 6G  
Megan Selfridge 6Y

### St Angela's Award

Lilliana Sacco KB  
Olivia Miletic KG  
William Taylor KY  
Eimear Kelly 1B  
Brayden Manio 1G  
Sean Salib 1Y  
Matthew Foley 2B  
Aiden Crowley 2G  
Gemma Yager 2Y  
Harry Clarke 3B  
Alexandra Gerrettson-Cornell 3G  
Sophie Watson 3Y  
Isaac Tenn 4B  
Indianna Cane 4G  
Cooper Andrew 4Y  
Renee Lenferna 5B  
Claire Eisenhuth 5G  
Abbey Schenko 5Y  
Rachel Western 6B  
Megan Perusich 6G  
Joshua Bridge 6Y

## Happy Birthday!

Happy birthday to members of our St Angela's community who will celebrate their birthday this coming week:

### AUGUST

#### Sun 23rd

Mrs Bateman

#### Mon 24th

Joshua Holt  
Jeanette Khoudair

#### Tues 25th

Alec Austen  
Troy Austen  
Taylor Ngo

#### Wed 26th

Mrs Ogilvie  
Rachael Rodrigues

#### Fri 28th

Kaitlin Barnsley  
Leon Reyes  
Hannah MacNaughton  
Liam Norris  
Isaac Gunasekera

#### Sat 29th

Jade Goodall  
Abigail Madayag



## Star Spot

Congratulations to Cora Ledwith (4 Green) who successfully auditioned for a role in 'Snow White'. Cora has started rehearsing and will perform throughout October. Well done Cora!

## DIOCESAN VOICE OF YOUTH

This Wednesday 26th August, we welcome Year 6 students and staff from St Michaels, Baulkham Hills and St Paul the Apostle, Winston Hills who will visit St Angela's to participate in the Voice of Youth Cluster Final. Best wishes to Charlotte Burgess, Brandon Darmudi and Imogen Pfeffercorn who will represent St Angela's. All parents are welcome to join us in the St Maximilian Kolbe Hall at 9.30am to hear the voices of the future present their speeches.



## Second Hand Uniform Sale Friday 4th September 1.15-2.45pm

On Friday 4th September we will again be holding our second hand uniform sale at St Angela's. These sales will be held twice during the year. We invite parents to donate any school uniform items that are no longer needed and that are in good condition, to go towards the sale. All items will be sold for \$5 or \$10, with profits going towards the school. It is really just a chance to hand in/on any uniforms that you no longer have a need for, as well as a chance to snap up a bargain item that you may need! If you have any uniform items that you wish to donate, please send them in to school from Monday 24th August. This term's sale will be held outside the Canteen area on Friday 4th September from 1.15 to 2.45pm.



## Inter School Debating Competition

Congratulations to all the children who participated in the 4th round of the Inter School Debating Competition against St Bernadette's Castle Hill.

The children were asked to prepare a debate on the topic 'Teachers can be replaced by technology'. St Bernadette's presented some challenging arguments but both St Angela's affirmative and negative teams were the winners on the day.

Our final debate will take place in Term 3, Week 6 on 21st August against St Michael's Baulkham Hills. The children have been working hard on their arguments and we wish them all the best. The topic will be 'Green is better than Red'. The affirmative team will travel to St Michael's, Baulkham Hills for a 9:45 am start, with the negative team debating here at St Angela's at 9:30 am.

### Affirmative:

Christina Dell'Aquila  
Jemma Turner  
Chantelle Ritchie  
Allanah Pillon

### Negative:

Emma Watson  
Sohara Janaratne  
Charlotte Burgess  
Sophia Di Giacomo

Thank you to all the parents involved in supporting your child leading to the debate and for your presence on the day.

Mrs Rubelj, Mrs Newbury, Mrs Kaelin and Mrs Powell  
Debating Co-ordinators



## FATHER'S DAY STALL

Wednesday 2nd September 2015

'A variety of fantastic gifts for dad' - \$5 per gift

We will be holding a Father's Day Stall for the children on Wednesday 2nd September 2015. The gifts will be purchased **on the day**. All gifts will only cost \$5. We will not be collecting money in advance. Children are to bring their money in **on the day**. The children will receive a token for the stall once they have paid. Any children who forget their money on the day will still be able to select a gift which will be put away and can be collected from the school office on Thursday once money is received. Children are asked to bring in a bag on the day to take their gift home.

If there are gifts left over after all classes have visited the stall, children will be given the opportunity to purchase extra gifts for their grandfathers etc.

## Helpers Needed

**YEAR 2 HELPERS FOR THE FATHER'S DAY STALL  
(AND ANY OTHER PARENTS)**

Parents are also needed to sell gifts at the stall on Wednesday 2nd September. If you are available anytime between 9am and midday to help out on the day, please contact Michelle Jacobs on 0413 026 922 so a roster can be compiled. You will then be notified of your allotted time. All help will be greatly appreciated.

## Important Allergy Information

At St Angela's we have a number of children who have severe allergies to nuts. While allergic reactions are common and most are not serious, for some people the reaction can be life-threatening. This is called anaphylaxis and can occur in minutes of an exposure to a trigger, in these children's case, nuts.

We see prevention as a major part of providing a safe environment for these children. So as to support our community's effort in this regard, parents are requested not to send nuts or foods containing nuts to school with their children.

The following list gives examples of such foods.

- Peanuts, hazelnuts, almonds, cashews, macadamia nuts
- Peanut butter
- Nutella
- Biscuits and cakes containing nuts
- Snack packs containing nuts
- Chocolate bars containing nuts eg Picnics, Mars Bars (almond), Nut Breaks and Fruit and Nut chocolates
- Marzipan and nougat
- Breakfast cereals containing nuts eg Crunchy Nut/Honey Nut Cornflakes, Muesli, Nutrigrain
- Muesli Bars and snack bars containing nuts
- Yoghurt and nut mixer packs
- Confectionary items such as Lolly Gobble Bliss Bombs and Rocky Road
- Uncle Toby's yoghurt muesli bars

We realise that there may be trace elements of nuts in a variety of other foods. However, if you use the above list as a guide you will be doing your part. Parents can also reinforce with their children that sharing food is not allowed at St Angela's. If you have any concerns or questions please contact the school.

Thank you for your support and understanding in helping us cater to the health needs of all of our children.



## Grade Assemblies

Please note as communicated in our term calendar, the remaining whole school assembly for Term 3 is as follows:

Week 7 - Next Friday 28th Aug at 2.10pm led by Year 1

All parents are most welcome to join us.

## Sports News

### Zone Athletics Carnival

On 13th of August the St Angela's athletics team went to Blacktown International Sports Park to compete at the Hills Zone Athletics carnival. The team consisted of Conor Siney, Alannah Gattini, Allannah Pillon, Alexandra Voegt, Hayley Johnston, Nicole Crowley, Seth Henderson, Imogen Pfeffercorn, William Edwards, Joshua Catania, Zane Smolinski, Kyle Morley, Dylan Moc, Charlotte Baylis, Zac Hefron, Mia Jamer, Lachlan Doheny, Vincent Siligato, Jayson Orley, Kaitlyn Langridge, Joseph McEneaney, Connor Khoury, Pippa Gattini, Harrison Tandy, Mia Thomas, Mailee Suefong, Ella Evans, Ethan Gunawardhana, Keira Murphy, Samuel Langridge, Oshi Kirkley, Dana Adan, Aiden Crowley, Brandon Suefong and Jessica Woolnough.

Congratulations to Alannah Gattini, 11yrs Girl Age Champion, William Edwards, Senior Boys Runner Up Age Champion and to Lachlan Doheny who broke the junior boys shot put record by almost half a metre. Congratulations to all 35 team members. It was a fantastic effort to have 23 children progress on to the Parramatta Diocesan Carnival.

A big thank you to the parent helpers Debbie Hefron, Rosemary Gattini, Gillian Gunawardhana, Helen Morley and Karla Orley, who helped with the relays and long jump and to the parents who came along to cheer. Thank you to Mr Laird who ensured the long jump ran smoothly.

Best wishes for the 23 children who will be competing at the Parramatta Diocese Carnival tomorrow at Blacktown - 'May the wind be always at your back'.

Mrs Andra Hemmings  
Sports Co-ordinator

**The Woolworths Earn and Learn Program has commenced. Collect your sticker cards now and drop them in the box either at the supermarket or send them into the school office!**

### **Change of School for 2016**

To estimate enrolments for 2016, it would be appreciated if the school could be notified in writing of any children who may be leaving St Angela's at the end of the year, from grades other than Year 6. Thank you.

### **THE GOOD GUYS SUPPORT YOUR SCHOOL PROGRAM**

A reminder about The Good Guys 'Support Your School Program'. If buying items at The Good Guys, Castle Hill, don't forget to collect school reward vouchers which the school can use to buy equipment etc. for the children.

# Important Dates to Note

## TERM 3

### **Fathers' Day Celebrations**

*Friday 4th September*

### **Dance Fever Optional Challenge Night**

*Wednesday 9th September*

### **15 Year Anniversary Gala Dinner**

*Friday 11th September*

## TERM 4

### **St Angela's Community**

### **Sunset and Outdoor Movie Night**

*Fri 23rd October*

### **Grandparents' Day**

*Friday 30th October*

### **Year 6 Graduation Mass**

*Tuesday 15th December at 7.00pm*

## 'How to Help Your Child Build Resilience to Face Life's Challenges'

Please find below the next instalment from our recent General Parent Meeting presentation:

### **Essential resilience skills:**

**Emotional awareness and self-regulation.** Resilience is not about bottling things up inside. It is about being aware of how you feel, and able to appropriately respond to and express your feelings when going through a tough time. Resilient people understand/accept that being sad, frustrated, disappointed, scared or worried is a normal part of life.

**Impulse control.** This one is a bit like the last skill. We all have impulses to do and say things. Impulses can be helpful or unhelpful to us, or others. To be resilient does not mean stopping all our impulses, but it requires us to stop acting on every impulse that does not serve us well.

**Optimism.** This involves thinking positively about the future - even when things go wrong. It is about looking at things realistically, and making a conscious decision to focus on the good. Optimism helps us to be happier, more involved in things, to persevere, to be better problem solvers and to succeed. It involves knowing that you can choose what to focus on, you can choose the thoughts that go on in your head, how you will talk to yourself.

**Flexible and accurate thinking.** This involves being able to listen to and consider other points of view. It also means being open to the idea that there might be other ways of seeing a challenging situation, or that there could be a Plan B or C, and this will help a person through difficult times.

**Empathy:** The ability to recognise another person's feelings and to respond accordingly and respectfully. This requires an understanding that my feelings can differ to someone else's. Empathy is a skill that can be learned and practised.

**Self- Efficacy:** Having success in something and then using that as a personal reference point for ability, and working on that to bring further success, achievement and a belief in yourself. Having belief in their abilities will help to improve resilience. To help children develop self-efficacy - listen carefully to children, and help **them** to develop solutions. They will own these solutions and grow in their confidence as problem solvers.

**Connectedness and reaching out:** Having meaningful connections with people, family, teachers, community organisations etc, making and nurturing friendships will assist in developing resilience. Children need to know that it is okay to ask for help.

**Keep an eye out for next week's strategies to help parents in developing these essential resilience skills.**

## Values Matter at St Angela's

How are values taught? Our Catholic schools have, at the centre of all learning and teaching, core Catholic values which are based on Christ's Gospel values. It is about making the core values explicit in all school activities through modelling, discussion and critical reflection.

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This week we are focussing on the value of:  
*Honesty and Trustworthiness* – Be honest, sincere and seek the truth.

### **This value includes the following characteristics:**

- \* Being honest
- \* Being truthful to self and others
- \* Not deceiving, cheating, or stealing – exercising ethical judgements
- \* Being reliable - doing what you say you'll do
- \* Having the courage to do the right thing
- \* Building a good reputation: *Being loyal - standing by your family, friends and country*

### **What you can do to promote trustworthiness:**

\*Teach children the importance of trustworthiness by word and example. Ask yourself "what message am I sending?" Avoid dishonesty, especially in front of your child ("A child's ticket, please, he is only 11.") Never ask your child to lie for you ("Tell Grandma I'm in the shower.")

\*Encourage honesty even when it may cause your child to get into trouble. Praise efforts to be honest and point out good examples whenever you see them. Express disappointment for dishonesty.

\*Keep your commitments, be on time and do what you say you will do, especially when your child is involved.

\*Teach that people need the courage to say "no" when friends ask them to do something that seems wrong. Explain that it is disloyal to ask a friend to be untrustworthy."

Are you a good role model to your children? Do you model honesty and integrity at all times?

The overall message:

***Honesty and trustworthiness is about being honest, telling the truth, keeping promises, and being loyal so people can trust you.***

***Trustworthy people don't lie, cheat or steal. They have integrity and the moral courage to do the right thing and to stand up for their beliefs even when it is difficult to do so.***

## OAKHILL COLLEGE BASKETBALL CLUB ENROLMENTS 2015/2016 SUMMER COMPETITION

Are you in Year 6 and enrolled at Oakhill College in 2016? Joining the Oakhill Basketball Club is a great way for any of the boys at your school that may be attending Oakhill College in 2016 to play local comp basketball in the Hills District Summer Comp at Hills Sports Stadium, Fred Caterson Reserve, Castle Hill. This is a great opportunity to get together and meet some new friends before you start at the College.

Games are played on Tuesday nights. We are placing teams together for the Summer Comp commencing Term 4, 2015 and Term 1, 2016. Players will be placed in U/14's comp competing against boys their own age.

Enrolment forms will be available on the Oakhill College website under "Sports / Basketball". Enrolment forms should be submitted to the Oakhill Basketball Club by return email no later than Monday, 24 August 2015.

Please note that we do our best to place all boys into an Oakhill Team, depending on the number of boys enrolled. We also welcome parents who wish to volunteer as Coaches and Managers for these teams. For enquiries, please contact Julianne Vella at [juliannevella7@hotmail.com](mailto:juliannevella7@hotmail.com) or on mobile 0408 437192.