



St Angela's Primary School

Castle Hill

SHINE

Newsletter
Vol. 9 No. 16

Sending Home Information and News about Education
Ministry of Our Lady of the Rosary Parish, Kellyville

31st May 2018
Term 2, Week 5

Dear Parents,

Why True Gratitude Improves Our Lives

Teaching our children to say "thank you" is important, but truly instilling a sense of gratitude in them is another matter entirely. Gratitude goes beyond good manners - it's a mindset and a lifestyle. Studies show that children who count their blessings reap concrete benefits, including greater life satisfaction and a better attitude about school.

Why Is It Important To Cultivate An Attitude Of Gratitude?

First of all, gratitude is healthy for us, adults and children alike. Cultivating gratitude increases happiness levels. Gratitude can also help individuals live happier, more satisfied lives and enjoy increased levels of self-esteem, hope, empathy and optimism. Children who practise grateful thinking have more positive attitudes toward school and family.

Gratitude gives perspective. When you take into account the sheer number of opportunities, privileges and material possessions most children enjoy through no effort of their own, it's easy to see why many of them feel entitled. After all, they get used to getting stuff without knowing or caring where it comes from. Practising gratitude, on the other hand, underscores the fact that all those toys and creature comforts don't just pop out of thin air. When children recognise that the things they own and the opportunities they have come from someone other than themselves, it helps them develop a

healthy understanding of how interdependent we all are. Then they may be more inclined to treat others with genuine respect.

Gratitude improves relationships. Would you rather be around people who freely acknowledge and appreciate your contributions, or people who take your efforts for granted with a perfunctory grunt of thanks? It's a simple principle: gratitude fosters stronger, more positive and more genuine relationships.

Gratitude counteracts the 'gimmies'. Fundamentally, gratitude is about being aware of who or what makes positive aspects of our lives possible, and acknowledging that. When children learn to think in those terms, they can be less apt to make mindless, self-centred demands. Plus, they begin to appreciate what they have rather than focusing on what they wish they had.

Acknowledgement: Andrea Reiser

Congratulations!

Congratulations to all of our Year 3 students who, over the last three weekends, have received the sacrament of First Holy Communion. May God bless them on their faith journey and guide them through this very special sacrament.



This weekend we celebrate the Feast of Corpus Christi, which will have particular significance for our students who have just received the body of Christ for the first time.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal

Theme for the Week

"Together we can make a Difference"

This week's theme helps reinforce the notion that when people co-operate and work together valuing each other with mutual respect, greatness can be achieved. Supporting each other in an environment underpinned by gospel values assists us all in being able to make a difference in our lives, the lives of others and our society.

Grade Assemblies

Our whole school assemblies for Term 2 will be as follows:

Week 5 - Tomorrow, Friday 1st June at 2:15pm led by Year 3

Week 7 - Friday 15th June at 2:15pm led by Year 1

Week 10 - Friday 6th July at 2:15pm led by Kindergarten

All parents are most welcome to join us.

Staff Development/Pupil Free Day Friday 8th June

Staff will spend the day focusing on Mathematics and the new Science and Technology syllabus.

"We Would Love Your Feedback"

As recently emailed to every family, please find below The Learning Bar link to "Tell Them From Me" (TTFM) survey. We encourage all parents to complete the survey. (This survey will take place in every school across the Diocese.) Your responses are confidential and anonymous.

We value your input and would appreciate you taking the time (less than 15 minutes) to complete the survey which closes **this Monday 4th June at 5:00pm**. Once you access the link below just follow the steps on the screen. If you have any questions please do not hesitate to contact the school.

<https://www.tellthemfromme.com/stangelas>

Change of School for 2019

To estimate enrolments for 2019, it would be appreciated if the school could be notified in writing of any children who may be leaving St Angela's at the end of the year from grades other than Year 6. Thank you.

Sent Home This Week:

Emailed: Stage 2 Boys/Girls Soccer Gala Day, Year 5 Bathurst, Year 1 Timeline, Year 6 Graduation

Hard Copy: Year 6 Graduation, Special Food Day Order Form



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Religious Education

Sunday, 3 Jun 2018: The Most Holy Body and Blood of Christ - (Corpus Christi) - Year B

Gospel Mk 14:12-16, 22-26

Jesus took bread, broke it and shared it.

It is in the context of sealing a covenant that Jesus used blood at the Last Supper. Jews would have been very familiar with the notion that a covenant with God was sealed with blood and so for Jesus to describe his blood as being 'the blood of the covenant' would have been immediately significant to his disciples and the first audience of the Gospel. Jesus is marking a new covenant between God and God's people - a covenant in blood like the covenants of old. He is making it clear that God is prepared to start over again with the people - a new covenant for a new phase of the ever developing relationship.

Q. How might the disciples have reacted to Jesus' words and actions at the Last Supper?

Q. In what ways did Jesus' actions make a 'new covenant' between God and the people?

Today is The Feast of the Visitation when we recall the visit of the Blessed Virgin Mary to her cousin Elizabeth shortly after the Annunciation. This morning, Grades 3-6 from St Angela's travelled to Our Lady of the Rosary Church to celebrate mass together. The children were prayerful and reverent as they sat with their 'buddy class' from OLOR. They enjoyed a morning tea together after mass and celebrated friendship as members of a parish family.



Mrs Michelle Yager
Religious Education Coordinator

Reflection

From the teachings of St Angela

"Consider the respect you owe them. For the more you respect them the more you will love them and the more you love them the greater care you will have of them. Then it will be impossible for you not to have them graven in your hearts, each one individually, for this is how true love acts."

St Angela Merici

Thank You ...

Appreciation and thanks to our parent representatives who were able to attend our meeting last Monday. We are indeed lucky to have such a strong network of parents who assist in the many events that take place at St Angela's.

General Parent Meeting

Thank you to all those who were able to join us yesterday for our Term 2 General Parent Meeting. On your behalf, appreciation and thanks to Mrs Meegan Ffello and Mrs Megan Aberley, who presented a most informative and worthwhile parent session on 'How to Develop and Support Your Child's Reading.'



Upcoming Dates

Term 2

Week 5

Fri 1st June

2:15pm Whole School Assembly presented by Year 3 in St Maximilian Kolbe Hall - All welcome

Week 6

Mon 4th June

Diocesan Parent Representative Council Meeting - see this Shine for further information

Tues 5th June

Stage 3 Boys Soccer Gala Day at Jamison Park

Friday 8th June

Staff Development/Pupil Free Day

Week 7

Mon 11th June

Queen's Birthday Public Holiday

Tues 12th June

Paul Kelly Cup Regional Finals at Blacktown Sports Park

Thurs 14th June

Year 5 Bathurst Excursion

Fri 15th June

9:30am Interschool Debating Competition - St Angela's vs Christ the King

2:15pm Whole School Assembly presented by Year 1 in St Maximilian Kolbe Hall - All welcome

Year 5 Bathurst Excursion

NSWCPSCCC Cross Country at Eastern Creek

Quote of the Week

"The best preparation for tomorrow is doing your best today."

Early Career Planning & Transition to Work

The WHY to, the HOW to and the WHAT to do when transitioning out of school and into your future. How to choose the correct electives and all the other questions you have in between.

OPEN TO STUDENTS IN YEARS 8-12!

Our guest speaker for the evening is:

Dianne Mills
Partnership Manager/Career Coach.
Building Industry, Community, Education partnerships to assist in career transitions

Register FREE now: www.prc.catholic.edu.au

Monday, 4th June 2018

Doors open: 6:30pm for 7:00pm start (approx. 2 hours)

Term 2 - PRC General Meeting will be held prior to our speaker session
Tea, Coffee and light snacks will be provided and a lucky door prize will be up for grabs!

Diocesan Assembly Centre (DAC), Cnr Flushcombe Rd and Marion St, Blacktown NSW
www.prc.catholic.edu.au @preparra @preparra

THANK YOU TO OUR 2018 SPONSOR
Floral Expressions
For details on the School fundraising program
Call Charles Lukasik on 02 9683 1116

IF YOUR CHILD IS UNWELL

A challenge for all parents is ascertaining whether a child is fit for school if they are not feeling well. A child who is feeling ill at school finds it difficult to learn but most importantly can put other children at risk, including the teacher. Our sick bay of late has had plenty of action with children genuinely feeling and being ill. Thank you.



Celebrating Our Gifts

(Awards presented last Friday)

Academic Excellence

Maria Zegarra KB
Lucas Mileto KG
Kira Layoun KY
Jake Perkins 1B
Seth Petersen 1G
Zavier Stornelli 1Y
Harrison Lee 2B
Joseph Azar 2G
Elly Gohil-Bozic 2Y
Grace Mares 3B
Zachary Brook 3G
Tahlia Mearns 3Y
Brayden Manio 4B
Jessica Lester 4G
Jackson Bercich 4Y
Joel Cartisano 5B
Marcus Goodall 5G
Fynn Vander Stok 5Y
Emily O'Rourke 6B
Thomas Norris 6G
Rylee Callaghan 6Y

St Angela's Award

Patrick Crowley KB
Tori Taouk KG
Lucas Merhi KY
Henry Phelan 1B
Finn Sweeney 1G
Bodhi Neeld 1Y
Jagger Woodham 2B
Caitlin Bagtas 2G
Oscar Rule 2Y
Cruz Bercich 3B
Alexandra Huynh 3G
Masen De Carlo 3Y
Benjamin Smith 4B
Cooper Mills 4G
Lachlan Burden 4Y
Ella Peterson 5B
Jack Tole 5G
Aimon Fitzsimons 5Y
Claire Moroney 6B
Anna McEneaney 6G
Kyle Brett 6Y

Peer Support Initiative

Session 5 - The Best Way to Play

During Peer Support this coming week, the children will be looking at how to play in a friendly way, in order to maintain friends and build positive relationships. Through various activities, children will discover the importance of taking turns and having consistent rules throughout a game.

This week help your child practise these skills by encouraging them to play games with siblings, family or friends.

St Angela's Annual Golf Day

17th September - Save the Date

IT'S ON!

CALLING ALL THOSE INTERESTED IN GOLF
(All levels welcome - beginners to experienced)

The 2018 Venue will be

Stonecutters Ridge Golf Club

Keep an eye on Shine for further details.

Years 3-6 Athletics Carnival

Wednesday 25th July

Roxborough Park, Baulkham Hills



Happy Birthday!



Happy birthday to members of our St Angela's community who will celebrate their birthday this coming week:

JUNE

Sun 3rd

Cruz Bercich
Luca Bercich
Noah Bercich
Kyle Brett
Blake D'Silva
Alexander El-Rahi
Emily O'Rourke
Jesselyn Tedja

Tues 5th

Zoe Crowley
Ryan McDermott

Wed 6th

Alana Younan
Mrs McDonald

Thurs 7th

Adam Mendoza
Amalia Mohan-Ram
Mrs Smith

Mon 4th

Mrs Melville



Fri 8th

Tahlia Mearns
Ava Mogan
Joshua Vassallo

Year 6 Canberra Excursion

Day 1

We all arrived at school nice and early, ready to go. After a quick stop in Goulburn for morning tea we headed for Canberra and arrived at Parliament house. We learnt about the speaker and the whip, what the minister does and more. After Parliament House we went to Questacon. Our favourite room was called 'The Excite' with a giant slide and twisty tubes.

We also stopped at the Australian Institute of Sport, touring all the sporting facilities including the volleyball courts and the swimming pool, followed by the Sportex. The Sportex is a room with activities including technology where you simulate the real life version of an athlete.

Day 2

An early start for breakfast was followed by a trip to Mount Ainslie which has a beautiful view of Canberra and Parliament House. The next stop was the War Memorial, where we watched a video about remembering the people who served their country and who built the War Memorial. Year 6 then participated in activities in the discovery centre which told us what it was like to live in the brutal war and especially what it smelt like! We then looked at the Tanks and cannons, and had an informative tour, including all the artefacts during the war times.

We then went to the Electoral Centre and learnt how people voted, how the votes are counted and the history of Democracy and Federation. The activities taught us about ballot papers, the situation when voting and the order you vote in.

Finally it was time to leave. We headed off and returned to school. Our parents were waiting, excited to see us and hear all the stories we had to tell. What a great excursion!

Special thanks to Mr Lee, Mrs Ogilvie, Mrs Lean, Mrs Fitzalan and Mrs Kelly who gave up their time to be with us on this awesome excursion.

Dana & Emily (6 Blue)



Sport News

Stage 3 Parramatta Diocese Soccer Gala Day St Angela's 1st!

On Tuesday, Mia Jacobs, Caity McNamara, Claire Moroney, Keira Murphy, Jessica Herbas, Charlotte Hogan, Sophie Watson, Sienna Van Jour, Lauren Evans, Rylee Callaghan, Jeanette Khoudair, Emily O'Rourke and Lily Moller represented St Angela's in the Stage 3 Parramatta Diocese Soccer Gala Day.

The girls represented the school with great sportsmanship and bravery, some playing soccer for the first time. The girls went through the day undefeated, with only one goal scored against them all day.



A big thanks to all the parents who showed up to encourage the girls, to Mrs Hemmings and Mr Laird for coaching at recess and lunch and to Mr Hogan (Riley and Charlotte 6Y) who coached on the day.

Charlotte Hogan (6Y)

Rugby League - Parramatta All Schools

On Tuesday, St Angela's had the opportunity to participate in the Parramatta All Schools Rugby League Carnival. We had two teams on the day, Under 12's & Under 10's. Both teams played extremely well, successfully winning a number of games. The Under 12 team made it through to the semi-finals while the Under 10 team got through to the final before losing in a close match. All the boys participated enthusiastically and were supported by a very encouraging group of supportive parents. It was especially pleasing to see the number of boys who had never previously had the opportunity to play the 'Greatest Game of All' out there having a go.



Special thanks to Mr Gareth Holmes (Kean 5B and Macey 3B) for coaching the U12 team & Mr Wayne Smith (Benjamin 4B and Ivy 1B) for coaching the U10 team in the lead up to the competition and on the day. Your support was greatly appreciated by the boys and the parents.

FREE BURRITO DAY



WEDNESDAY 6TH JUNE 11AM-8PM

CASTLE TOWERS, THE PIAZZA

FOR MORE DETAILS WWW.GYG.COM.AU



ONE BURRITO OR BURRITO BOWL PER PERSON. NO OTHER FOOD ITEMS AVAILABLE ON FREE BURRITO DAY.

entertainment™ Books

Entertainment Books are now available to purchase. Flyers have been sent home with your child today.

To order your book or digital membership, please visit www.entbook.com.au/2144d46. For further information please contact the school office.

Are you a considerate driver?

Are you following the road rules?

Always obey road rules and observe our 40km zone around school for the safety of our children. We have 'no stopping' signs at the front and back of the school. These signs are there for the safety of our children and community. Talking on a phone whilst a car is moving, whether it is outside the school or inside the school gates, is not acceptable. Please be extra mindful and careful of children on our crossing in the morning when turning left out of the school driveway.

Thank you for your support in this area.

Term Dates for 2018

| | |
|--------|--------------------------------------------------------------------------------------------------------------------|
| Term 2 | Monday 30th April to Friday 6th July |
| Term 3 | Monday 23rd July to Friday 28th September |
| Term 4 | Monday 15th October to Wednesday 19th December (Thursday 20th and Friday 21st December are Staff Development Days) |

SPREAD THE WORD!
BOOK IN THE DATE
FRIDAY EVENING, 22ND JUNE
TRIVIA NIGHT AT ST ANGELA'S
Begin organising tables of 10
(or less and we will place you)
Adults only
Great prizes, great fun, great company

Go the Blues!
Game 1 this Wednesday evening

