

Have you thought? - Inclusivity

and seeking to include in today's society?

who are preparing to lead these celebrations.

leading

Jocelyn Williams

REC Coordinator

JIII

- Feel anxiety and stress about high expectations.
- Feel they must create the perfect life, get the perfect results at school, and have the perfect body... but they can't.
- Feel life is extremely competitive, and if they don't work to incredible standards, they'll fall behind.

These expectations are often self-generated, but increasingly they are coming from parents, peers, and teachers. Overwhelm and a relentless intrinsic need to "fulfill their potential" combine with a tremendous pressure to succeed, which paralyses them.

Is it any wonder our kids question whether they are enough? However, as parents we can be part of the solution. We need to let our kids know that they matter. We need to help them know their family story. We need to be hope builders. We need to celebrate the hard things they do. We need to support them to make a difference in the world. Ultimately, here's what I want our teens to know:

- I am enough because of who I am right now in this moment.
- My potential (or lack of potential) for the future is irrelevant to being enough.
- What has happened (or hasn't happened) in my past is irrelevant to being enough.
- Being enough isn't something that our kids need to achieve. It isn't something that is determined by what they have done. It is their ability to accept themselves completely in the present moment that gives them the ability to feel like they are enough.

They are enough. Right now. Just the way they are."

"Let your light shine" Leanne Nettleton Principal 9ear 5 – Sunday Mass –

29 October at 9:00am

Year 5 students and families. Comment end

This gospel parable reflects the inclusive way in which Jesus lived his

life. In many ways, Jesus was a scandal in his society because he didn't obey the social boundaries. He was very clear in being

inclusive and attentive to those who were normally shunned. Today,

those boundaries are just as clear and easily identified but the methods of excluding people have perhaps become a bit more

subtle. Who are the 'shunned' and 'left out' in our society today?

Where do the boundaries lie? Who would Jesus be reaching out to

Dates to remember: Welcome to Term 4. Here are the Religious

celebrations for the month of October. Thank you to the class groups

23 Oct - World Mission - 8:30am School Hall, 5 Green

29 Oct - Sunday Parish Mass 9am OLOR Parish Church -



Year 5 students and families from both St Angela's and OLOR schools have been invited to attend Sunday Mass on the 29 October at 9:00 am. This will be an opportunity to :

Connect with families in our community Share quality time together in prayer Grow in faith celebrated and lived out as people of God.

Families also have the opportunity to fulfil ministry roles, such as reading, greeting parishioners on arrival and the offertory procession.



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Happy birthday to members of our St Angela's community who are celebrating their birthday this coming week:

October

19th October Lucia Mauceri 2G Lachlan Wade 3B

20th October Ava Buckley 4G

21st October Elena Mauceri 4B Aoife Maguire 5B Kate Maguire 5G Elijah Moses 6B

23rd October Issac Marquez 2G Daxon Lui 2Y

24th October Siena Boumelhem 3B Ashton Stopps 3B Vincent Cruz KG

25th October Abigail Crawford 1G Eli Schenke KG Erica Troung KY

2023 DATES FOR THE DIARY

Monday 18th December Tuesday 19th December Staff Development Day Staff Development Day

YEAR 6 DINNER DANCE

REMINDER

A reminder from the Year 6 parent committee for parents to please register your child's attendance for the night using the link below:

https://2023stangelasyear6graduation.eventbrite.com/

All payments and ticket registrations are due by Friday 29th September, 2023

Further details are on the St Angela's Year 6 Facebook page.

Please keep in your prayers

Our prayers are with Gabriel Edouard (3B) and Maddison Cooray (2G) and their families on the passing of their Great Grandmother Regina Abeyesekera. May she rest in peace.

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UPCOMING DATES

Family Bingo Night @ 6pm in the Hall.

Catholic Schools Stage 3 touch Football

Parish Mass—Year 6 Students and Families

All Saints Day and All Souls Day—Year 5 in

Band Demonstration for Year 2 to Year 5 @ 9.45am in the hall—parents welcome

Remembrance Day Liturgy—Year 6 in the

Reconciliation for Year 2 Students

hall - parents welcome.

World Mission Day 5 Green

NSW PSSA Athletics Carnival

NSW PSSA Athletics Carnival

JRS Speaker—Year 5

Gala Dav

the Hall

Term 4

Week 2 Friday 20th October

Week 3

Monday 23rd October Wednesday 24th October Wednesday 24th October Thursday 25th October Friday 27th October

Sunday 29th October

Week 4 Wednesday 1st November

Friday 3rd November

Week 5 Monday 13th November

Wednesday 15th November

SENT HOME THIS WEEK:

Emailed from Compass Portal: Please check your COMPASS APP

Whole School:	What's happening at St Angela's this week Family Bingo Evening
Year 3	Donation of Soft Drink Cans for BINGO FAMILY NIGHT
Year 5	Year 5 - Sunday Mass - 29th October 9:00am

***** **STAR SPOT**

 \bigstar Talia Assaf, 1 Blue was awarded the Petite ☆ Champion Dancer at Jump, Sydney Regional solo dance competition at Manly over the October \bigstar holidays. ☆

- \bigstar Talia received the Judges Award for technical \bigstar excellence and received 2nd highest overall
- \bigstar scoring routine in the Petites section and placed:
- 1st Lyrical, 2nd Ballet, 2nd Broadway Jazz, \bigstar
 - 2nd Jazz and 2nd Contemporary.



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Haylie Batson participated in the Gymnastics National Clubs competition. Hayleys team came 5th overall for Division B Level 6.

One More Night Until Bingo Night WHAT TO BRING

- Nibbles
- Decorations for your table no stickers, glitter, confetti, or glow sticks or products eg bangles
- Dabber (to dab the bingo cards)

Extra Bingo game rounds can be purchased on the night for \$2.00 a sheet.







Touch Football Gala Day

Congratulations to the Stage 3 Boys and Girls who will be attending the upcoming gala day, next Friday 27th October for Touch Football. A reminder that all permission notes need to be returned by Tuesday 24th October.

Thank you to the parents who have volunteered to coach a team.

Health Awareness

In our school community we have students and staff with compromised health. It is very important if your child has COVID, cold or flu like symptoms that you do not send them to school. In addition please report to the school if your child is sick with RSV, chicken pox or measles as these are highly contagious illnesses. Thank you for all that you are doing to keep our students and staff safe.

STUDENT INJURY

If your child has been injured and requires assistance to move around the school, parents are asked to advise Mrs Nettleton, prior to them returning to school. Parents are required to get a doctor's letter that outlines the student's injury and that the student is able to return to school The treating doctor should also indicate any restrictions that need to be considered on the child's return to school. Children who carry an injury and are required to wear a Post Surgery Boot, use crutches or operate a wheelchair must have their safety reviewed whilst onsite. It is important that we provide a safe and supportive environment whilst your child recovers.

It is not safe for students who have casts or boots on their limbs to play contact games on the playground such as soccer, football, basketball, bullrush, chasings etc. Alternative arrangements will be made for these students.



Qkr! Payments via the Website Link

We are aware that users of the latest Android mobile phone are having issues logging into the Qkr! App. Therefore, please click on the Qkr! Mastercard Website link below and login with your email and password to make payments.

https://qkr-store.qkrschool.com/store/#/home

If you have any issues or questions please do not hesitate to contact the school office.

CHANGING GOING HOME ARRANGEMENTS

A reminder to parents that our official school day is from 8:30am until 2:50pm and that your child is required to be present between these times. Children should not be taken out of school early unless it is for an important reason (ie. Appointment for specialists etc.) Likewise, any changes of going home arrangements should only be made in cases of emergencies. As you can appreciate, contacting classes for children to come to the office for early departures or to advise going home changes is disruptive to the learning, in particular to the whole school if the class is not in their room and an announcement needs to be made.

We ask that all early departures and changes to going home arrangements are advised in writing to stangelas@parra.catholic.edu.au before 1.30pm on the day the change is taking place. Please do not email going home changes days in advance. This assists with our process of notifying the class teacher via their office bag.

Travel or Holidays During the School Term

Family holidays and travel outside of school holiday period will be considered individually based on your child's attendance, the intention of the extended leave and the impact on your child's participation and progress at school.

Applications for Extended Leave Travel - (5 or more days must be completed and then submitted to the office 3 weeks prior to the travel.

Application forms can also be downloaded via the school website.

https://www.stangelaschill.catholic.edu.au/In-The-Loop/School-Notes



ZONE	WHAT DOES IT MEAN?
	You cannot stop in a NO STOPPING zone for any reason (including queuing or waiting for a space).

Keeps clear sight lines between drivers and children / pedestrians.

WHY IS IT THERE?



DEMERIT POINTS*

PENALTY

EXCEEDS

\$349

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Thank you to the following Companies who have so generously donated the following items for our Family Bingo Night

Bakers Delight

\$50 voucher from Baker's Delight



Donut King Kellyville 4 x \$10 Vouchers



Sydney Education Expo: 2x stationery packs



George's Gourmet Pizzeria Castle Hill 2 x \$20 Vouchers

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Lisa's Hair Design: Shampoo, Cut, Blow Dry plus treatment. Value \$100



A Moments Pleasure: candle hamper



Fit Camp X: 1 x 10 pack class pass over \$200



The Local Trade: 1 x \$50



Me you: Kids foaming facewash and deodorant pack valued \$40



1 Night Accommodation including breakfast

TENDER MEATS

Wrights Butcher Kellyville

\$50 meat tray



Kellyville Pets: 2 x \$50 voucher



North Kellyville Bakehouse 5 x \$20 vouchers



Caffe Cherry Beans Kellyville: 4 x \$25 Vouchers

CAMINO ROSE

Camino Rose: 1 x \$75 Gift Pack Instagram: camino.rose



The Local Trade: 1 x \$50



Reddawn provides industry leading, comprehensive Security and Risk Management solutions for both corporate and commercial. <u>https://www.reddawn.com.au/</u>



Totally Workwear Box Hill 2 x \$50 voucher